

Ickniel Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Favourite Sweet Chilli Chicken Wrap & Salad	Favourite Chilli Con Carne with Rice	Favourite Roast Chicken, Roast Potatoes & Carrots	Favourite Toad in the Hole with Seasonal Vegetables & Gravy	Favourite Battered Pollock Large Chicken Curry Served with Chips or Rice
Around the World Vegetable Chilli & Rice	Around the World Soy, Ginger and Chicken Noodles	Around the World Pasta with Turkey Meatballs in Tomato Sauce	Around the World Chicken / Vegetable Stir Fry	Around the World Pasta Mornay / Bolognaise
Meal Deal Homemade Pizzas & Salad	Meal Deal Pasta with Carbonara or Pomodoro Sauce	Meal Deal Chicken or Vegetable Chow Mein	Meal Deal Vegetable/Beef Burger in a Bun with Salad	Meal Deal Chicken / Vegetable Curry with Rice or Chips (Standard)
Sides Wedges	Sides Garlic Dough Balls	Sides Garlic Bread	Sides Wedges	Sides Peas
Jacket Bar Quorn Chilli	Jacket Bar Stuffed with Bacon & Cheese	Jacket Bar BBQ Beans	Jacket Bar Chicken Tikka	Jacket Bar Chilli Con Carne
Panini of the Day BBQ Chicken Melt Cheese	Panini of the Day Tomato, Mozzarella & Basil Ham & Tomato	Panini of the Day Sweet Chilli Chicken Cheese & Tomato	Panini of the Day Sausage, Bean and Bacon Ham & Cheese	Panini of the Day Tuna Melt Cheese & Tomato
Baguette of the Day Cheese Ploughman's B.L.T	Baguette of the Day B.L.T Sweet Chilli Chicken Salad	Baguette of the Day Chicken Mayo B.L.T	Baguette of the Day B.L.T Tuna Mayonnaise Crunch	Baguette of the Day Tomato, Mozzarella & Basil B.L.T
Sandwich of the Day Chicken & Bacon Mayonnaise Egg Mayonnaise	Sandwich of the Day Egg Mayonnaise Ham Salad	Sandwich of the Day Cheese & Tomato Tuna & Cucumber	Sandwich of the Day Chicken Tikka Ham Salad	Sandwich of the Day Sweet Chilli Chicken Cheese Salad

